



Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning break	Homemade chocolate chip cookie 40p	Pain au chocolate 80p	Crispy bacon Bap £1	Homemade Banana Smoothie 40p	Cinnamon whirl 80p
Café bar sandwich special	Ham and Cheddar Baguette £1.50	Egg mayonnaise and watercress and smoked ham £1.50	Cream cheese and cucumber Bagel £1.40	Honey and mustard chicken salad £1.50	Roast beef and horseradish salad baguette £1.60
Café bar salad box selection	Lemon cous cous with harissa chicken £1.50	Crispy bacon, parmesan and basil pasta salad £1.50	Sweet chilli beef with hoi sin noodles £1.60	Sweet potato, cucumber and mint with feta £1.40	Smoked salmon, rocket and lemon mayo £1.80
Sweet treats	A selection of homemade tray bakes and cakes				
Healthy selection	Homemade yoghurt pots or fresh seasonal fruit served in peak condition, ripened and ready to eat				



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	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the day	Lentil soup	Minestrone soup	Potato and leek	Chicken and sweetcorn	Lamb and pearl barley
Main Meal	Beef Chilli con Carne with Nachos	Roasted Chicken Thighs with a spicy Tomato sauce	Bangers and mash with onion gravy	Roast Turkey with all the trimmings	Catch of the Day with tartar sauce & lemon
Vegetarian Meal	Veg Lasagne with Garlic Bread	Quorn Chilli con Carne with Nachos	Toasted Ciabatta with Roasted Vegetables	Ratatouille Bake	Mixed Bean Enchiladas
Vegetables of the day	Boiled Rice Sweet corn Kernels	Green Beans, Steamed Carrots, New Potatoes	Steamed Broccoli, Spicy jacket wedges	Roast Potatoes Medley of Vegetables	chipped potatoes peas
Jacket potato or pasta bar	Penne Pasta Arribiatta	Jacket Potato with baked beans and cheese	Pasta Carbonara (Ham, cheese & cream)	Jacket Potato loaded with Cheese & Coleslaw	Pasta with Chorizo, sausage & capsicum
Salads	Selection of freshly prepared salads including mixed leaves, fresh cut cucumber and tomatoes and a protein dish				
Dessert	Apple Crumble with custard	Queen of Puddings	Treacle Sponge and custard	Banana bread	Seeded flapjack
Fresh Fruit & Yoghurt Pots	A selection of fresh cut fruit, homemade yoghurt pots and cold dessert pots, or fresh seasonal fruit served in peak condition, ripened and ready to eat				

	Monday	Tuesday	Wednesday	Thursday	Friday
Nursery breakfast	A selection of cereals, and fruit				
Main Meal	Mild beef chilli with nachos	Roasted Chicken Thighs with a Tomato sauce	Bangers and mash with onion gravy	Roast Turkey with all the trimmings	Grilled fish of the day
Vegetarian Meal	Veg Lasagne with Garlic Bread	Quorn Chilli con Carne with Nachos	Toasted Ciabatta with Roasted Vegetables	Ratatouille Bake	Mixed Bean Enchiladas
Vegetables of the day	Boiled Rice Sweet corn Kernels	Green Beans, Steamed Carrots, New Potatoes	Steamed Broccoli, Mini crunchy new potatoes	Roast Potatoes, Medley of Vegetables	New potatoes, Baked Beans, Peas
Crudité pots	Selection of freshly prepared bite sized vegetable sticks				
Morning snacks	Fresh Fruit	Banana Bread	Fruit pots	Homemade cookie	Fruit pots
Afternoon snacks	Mini Muffin	Veg Sticks	Veg Sticks	Bread sticks with dips	Platter of mixed cake
Tea	Pizza slice	Homemade sausage rolls & beans	Macaroni cheese with garlic bread	Ham and cheese pasties	Chicken hot pot with rice